7CORE WELLNESS

SLOW COOKER CHICKEN, POTATO, & CARROT SOUP

By: Jen Gerasimas

Serves: 6
Total time: 4.5 Hours

Ingredients

- 1 onion, chopped
- 4 stalks celery, sliced
- 5 whole carrots, peeled and sliced
- 2 russet potatoes, peeled and cubed
- 3 chicken breasts
- 6 cups chicken broth or stock
- 1 tsp dried oregano
- 1 tsp dried basil
- Salt and pepper to taste

Directions

Place all ingredients in a slow cooker. Cook on HIGH for 4 hours. Pull out the chicken breasts, shred, and return to slow cooker. Stir to combine and serve hot.